



Team Diabetes

You are the most important member of Team Diabetes. However, your diabetes care team can include many different specialties to help you manage your blood sugar and prevent complications. Use the space below to write the name and contact information for your team members for easy reference.

Primary Care Provider (PCP): Doctor, nurse practitioner, or physician assistant who gives you routine medical care, including physical exams, lab tests, and prescriptions.

Name: _____ Phone: _____

Endocrinologist: Doctor who specializes in diabetes and other diseases of the endocrine system.

Name: _____ Phone: _____

Diabetes Educator (CDCES): Experts in diabetes care who help you manage your diabetes in a way that fits with your daily life.

Name: _____ Phone: _____

Registered Dietitian (RDN): An expert in nutrition who helps you use what you eat and drink to manage your blood sugar.

Name: _____ Phone: _____

Podiatrist: Foot doctor who treats feet and lower leg problems.

Name: _____ Phone: _____

Ophthalmologist: Eye doctor who diagnoses and treats eye diseases and disorders.

Name: _____ Phone: _____

Pharmacist: Professional who knows about medications and how they interact with each other.

Name: _____ Phone: _____

Dentist: Doctor who knows about oral care and is trained to take care of your teeth and gums.

Name: _____ Phone: _____

Nurse Navigator (RN): A nurse in your doctor's office who helps coordinate your health care needs.

Name: _____ Phone: _____

Mental Health Professional: Psychiatrist, psychologist, or clinical social worker who helps you deal with the day-to-day challenges of living with diabetes.

Name: _____ Phone: _____



Diabetes from the
Ground Up, LLC